



Christians Against Poverty (CAP) is a UK charity with over 580 services across the country, bringing life changing freedom and good news to people in desperate need. Always through the Church. Here in Winchester, we are based at Hope Church and deliver debt counselling, money management and basic life skills support groups. We work closely together with agents in the City including Housing Associations, the City Council, the Trinity Centre and other local churches.

In the world today, many of us are experiencing uncertainty about the future. The people we help through Christians Against Poverty (CAP) have often struggled with worry, anxiety and mental ill-health as well as their financial struggles. Whether in or out of work, having a clear picture of what money is coming in and going out is essential. So it is better, if concerned about unmanageable debts, to seek help sooner rather than later. Many CAP clients say they feel as if a weight has been lifted, even from making the first phone call to ask for help.

Debt counselling is supported by a team of volunteers- Befrienders- who come alongside our clients, supporting them long term by demonstrating a heart and passion for the charity and the local church. Befrienders work closely with Debt Coaches, focusing on the non-debt related needs of the client such as providing assistance with practical tasks, identifying hobbies and possible points of social connection within the church but most importantly sharing the gospel. They will have their own testimony of faith and be prepared to share and pray with clients.

We are always looking for those who can help, particularly during the day, to support our clients in a non-judgmental way, with a resilience to serve and a willingness to pray with the CAP team beyond the initial 3 client appointments.

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