

# PETERPOST

Parish of St. Peter and the Winchester Martyrs

Alresford • Stockbridge • Winchester

1<sup>st</sup> August 2021

18<sup>th</sup> SUNDAY OF ORDINARY TIME – Year B

*We are what we eat*

**Fr Anthony writes:**

Going down memory lane, I remember with a big smile, my fun-filled primary school days in St Anthony’s school, Njinikom. One of such striking memories is my graduation ceremony in primary seven. I was one of the pupils selected to take part in a role-play debate ‘Who does the most?’. Together with my classmates who played the roles of doctor, teacher, father, mother, baby sittter, with each arguing he/she does the most for society, we all thrilled our parents and invitees. For some reason beyond my understanding, I, farmer, was voted as the most important. Although I can still recite my part from memory, I often pondered more on one of the reasons I advanced ‘Because we are what we eat, the farmer is the most important because he provides what we eat’. Although it is still contestable, it is almost a truism that ‘we are what we eat’, since the body works only with the food given it. Conscious of the negative impact of junk-food, we are often advised to shun them because our bodies need healthy foods in order to function well over a long period.



The human person, created in the image of God, is a being at once corporeal and spiritual (CCC 362). We not only have a body to cater for, but a God-given soul. The Church teaches that every spiritual soul is created immediately by God - it is not "produced" by the parents - and also, that it is immortal: it does not perish when it separates from the body at death, and it will be reunited with the body at the final Resurrection (Pius XII, Humani Generis: DS 3896). In this light, we have both body and soul to look after. Just as one must discipline oneself to provide and eat physical food, so must one exercise discipline to seek and ingest spiritual food. If one will not do this, then, just as physical health will decline without adequate food, a person's inadequate spiritual diet will lead to spiritual disease. At the very least, one's quality of life will be severely compromised.



We are challenged in today’s readings to be more concerned with spiritual food than with physical food and to get our spiritual food regularly from the word of God and from the Holy Eucharist – the Heavenly Bread — because only God can satisfy the various forms of our spiritual hunger. Although physical food is the most basic of our human needs, we cannot live by this bread alone. We need the bread of eternal life that preserves those who believe in God (Scott Hann).

In the first reading, God provides miraculous manna and quails to His starving children. He wanted them see beyond the physical provision and so realize the need for total dependence on Him, their creator and provider; the one who gives them bread from heaven, the bread of angels, as the responsorial Psalm of today puts it.

St. Paul in the second reading of today admonishes the Ephesians to satisfy their spiritual hunger by turning away from their former evil ways to a renewed way of living, driven by love, kindness, compassion and forgiveness. Paul reminds us that our acceptance of Jesus as the real source of our life and the nourishment of our souls, transforms us totally into witnesses of Christ.

In the Gospel pericope of today’s liturgy gleaned from the “Bread of Life Discourse” in John’s Gospel, Jesus makes the unique and bold claim: “I am the Bread of Life; whoever comes to Me will never hunger, and whoever believes in Me will never thirst.” By saying this, Jesus offers the crowd, especially those who believe in Him, Bread from Heaven, which nourishes and gives eternal life. This is the same bread of life you and I receive at Holy mass; which brings about the presence and indwelling of God in our hearts.



This week’s challenge is to WATCH OUR DIET, ESPECIALLY OUR SPIRITUAL DIET.

**Welcome**..... If this is your first time reading the newsletter, then you are particularly welcome. Please get in touch - we'd love to tell you about everything that's going on here, and invite you to join us. Just to start you off, elsewhere in the newsletter you will find our services, our virtual church timetable and other activities. Look at our website <https://www.catholicwinchester.org.uk/> , or our [Facebook page](#) or email [office@stpeterswinchester.org.uk](mailto:office@stpeterswinchester.org.uk)

**EIGHTEENTH SUNDAY OF ORDINARY TIME – 1<sup>ST</sup> August**

<b>Entrance Antiphon:</b> O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.		<b>Gospel Acclamation:</b> Alleluia, alleluia! I am the Way, the Truth and the Life, says the Lord; no one can come to the Father except through me. Alleluia!	
<b>First reading:</b>	<b>Exodus 16:2-4, 12-15</b>	<b>Gospel:</b>	<b>John 6:24-35</b>
<b>Responsorial Psalm</b>	<b>Ps 77:3-4, 23-25,54 R. v.24</b> The Lord gave them bread from heaven.	<b>Communion Antiphon:</b>	<b>Wis 16:20</b>
<b>Second reading:</b>	<b>Ephesians 4:17, 20-24</b>		

**Coronavirus Latest –** Please see the additional information sheet that was issued with last week’s Peterpost for an update on the decisions that have been made with regards to the changes that can now take place and of course, those things that will remain the same as a result of the lifting of restrictions on 19<sup>th</sup> July. Paper copies are available in all churches.

**Changes to the Church Timetable in August:** Please note the following masses and times of prayer will not be taking place during the month of August.

- ❖ Family Mass on Saturdays at 3.30pm
- ❖ 7pm Mass (a recording of the morning mass from St Peter’s will be available online)
- ❖ 11am-12pm Adoration
- ❖ Night Prayer on Friday and Saturday evenings


**Words for hymns and parts of the Mass - for Sunday 12pm and 5:30pm Mass -** We rejoice that we can finally have everyone join in the singing at 12pm and 5:30pm Mass at St Peter's this Sunday. However, in the short term, we're not able to use the hymn books, so in order to join in the singing, please download the word sheet that is being sent by email (to everyone who receives the newsletter by email) or via the parish website ([catholicwinchester.org.uk](http://catholicwinchester.org.uk)). You can either print it out or just have it on your mobile phone. If you bring your printout with you to Mass, please do take it home again. If you know someone who doesn't have access to the internet or a mobile phone, please consider printing a copy for them.  
In the Lord, Martin.

**Peterpost in August–** Next weekend’s Peterpost will be the first of 2 fortnightly editions over the summer break. There tends to be less news from the Parish in August so it seems sensible to reduce the number of editions that are produced. The regular circulation dates for the ‘full’ Peterpost will start again on the weekend of 5<sup>th</sup> September.



**Fr. Stephen Vooght** Our congratulations to Fr Stephen who has been serving with us in the parish for these last two years. From 8th September, he will become assistant at Newport IoW with Fr. Joe McNerny. Please keep him in your prayers over this summer period as he prepares for this transition.

**Confirmation Programme 2022 –** We're happy to say that registration for Confirmations in 2022 is now available for those in year 9+!



Part of our Confirmation journey in this Parish is to be a part of a Youth Alpha course; some of you might have already done one (if so, that's great!), but if not, you will need to have taken part in one before you start our Confirmation course after Easter in 2022.


We are now running two Youth Alpha courses for you to choose from - one starting in September and one starting in early 2022. Both will be Monday evenings and will run alongside the Parish Alpha group. Young people will watch the Youth Alpha Videos in Milner Hall whilst the Parish Alpha group is in the Parish Centre. Parents - this means it's even easier for you to join our Alpha for Parents, because it's at the same time as the young people! Parents will be a part of the Parish Alpha group but with the option of being in a small group specifically for parents. If you would like your young person to be Confirmed, we do ask that you join them in participating an Alpha course!

If you would like to register, please email [youthstuff@stpeterswinchester.org.uk](mailto:youthstuff@stpeterswinchester.org.uk)

**Journey in Faith** - Do **you** know someone (perhaps yourself) who might want to know more about the Catholic Church? Perhaps they are just waiting to be asked? Please tell them about the Journey in Faith programme. It is for those seeking answers. For anyone who might want to know what Catholics believe. Perhaps for parents of children coming to St Peter’s School who would like to learn more in order to support them. Or for those who have been coming to mass for years, but have never gone up for communion.


The Journey in Faith will try and show you more about what we within the Catholic Church believe and do. We will try and answer any and all questions you might have about our faith, about the Church, about the Journey. Absolutely no commitment is requested or required – we are happy always, to share our journey with you for however long or short a period you choose.

Our programme starts on 5 October at 8pm in the Parish Centre, and if you're interested, or just want to know more, please speak to Nick Kelly on 07960 797963, email at [explore@stpeterswinchester.org.uk](mailto:explore@stpeterswinchester.org.uk), or just turn up!



**PRAYER CORNER:** Each week, this section will contain an intercession that I hope every parishioner will pray for during the coming week. In this way, we will all pray to the Lord for the parish’s mission, because “*if the Lord does not build... in vain do the builders labour*” (Ps 127:1) **Fr. Mark**

**This Week’s Intention:** Let us pray for our Alpha graduates and for our new Acorn groups, that the seeds sown bear fruit for our community in bringing yet more people to Christ in hope and joy.



**PLEASE PRAY FOR** the repose of the souls of those who have died recently:

Steve Williams RIP



**Pedestrian routes at St Peter’s** - Please be aware that the motorised gates to the parking area behind the Pastoral Centre are operational once again meaning that they will remain closed. During the time they have been out of action we have noticed that the higher volume of foot traffic has resulted in an increase in security related problems and anti-social behaviour. We are hoping that once the general public get used to not being able to cut through on the Peterhouse side, things will improve. Peterhouse will also regain some privacy.

We apologise to our Parishioners that this route is no longer available but trust you will understand the reasons why. We thank you for using the route to the north side of the church past the tower to cut through between Jewry and St Peter Street. Thank you.



**Healthcare Community ‘Thank You and Welcome’ Event –** On Saturday, we had our thank you and welcome party for health and care workers, up at the school. The weather just about co-operated, and everything else was perfect - there was an incredible food table, there were games for the active and chairs for the less so, prayers from Fr Mark and thanks from Agnes. People of all ages and from many different places came together and had fun... Huge thanks to the organisers, who did a fantastic job, and their teams of volunteer helpers.



We have had some lovely messages: 'Everyone just had so much fun and the new parishioners are all looking forward to it for next year.' 'I enjoyed myself to the fullest. It was awesome to have you all welcome us this way. And the food was nice too.'

**Pilgrimage to the Holy Land 2021** - Father Mark is hoping to lead a pilgrimage to the Holy Land in Oct 2021, postponed from last year. This will be arranged through Maranatha Tours who are well known for their knowledge and experience in the region and have previously led very successful tours there on behalf of the Parish .

The visit includes:

- 4 days based in Jerusalem visiting various locations to include, Bethlehem, Mount of Olives, Garden of Gethsemane, Temple Mount, City of David
- 4 days based in Galilee visiting amongst others, the Jordan River, the Dead Sea, Jericho, Magdala, Mount of Beatitudes, Capernaum, Caesarea Philippi, ‘Cana of Galilee’, Nazareth

Dates 18 - 26th Oct 2021

Dep/ arrive Heathrow with BA

Cost £1841 pp based on half board accommodation, (includes pretty much everything other than insurance, tips, lunches). Single supplement £443.

Full details of the itinerary, flights and costs etc. can be found in various documents contained in this web link

<http://www.maranatha.co.uk/HolyLand2021-FatherMark/>

Anyone who is interested should contact Jen Robinson (contact details can be found in the link) who will be managing the administration of the trip on behalf of Father Mark.

**Parish Party – 19<sup>th</sup> September 2021**

Tickets can now be booked for this year’s Parish Party. Please book (no charge) via the parish website [www.catholicwinchester.org.uk](http://www.catholicwinchester.org.uk) or contact Michaela in the Parish Office and she will book them for you.



Useful Contacts

Clergy: Fr Mark Hogan (Parish Priest) ([mhogan@portsmouthdiocese.org.uk](mailto:mhogan@portsmouthdiocese.org.uk)) ;  
Fr Anthony Chiatu Njinga (Assistant Priest ([cnjinga@portsmouthdiocese.org.uk](mailto:cnjinga@portsmouthdiocese.org.uk)) ;  
& Fr Stephen Vooght ([svooght@portsmouthdiocese.org.uk](mailto:svooght@portsmouthdiocese.org.uk)) , Deacon Gerard Dailly ([gdailly@portsmouthdiocese.org.uk](mailto:gdailly@portsmouthdiocese.org.uk))  
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Parish Administration Manager: Michaela Waterfield ([michaela@stpeterswinchester.org.uk](mailto:michaela@stpeterswinchester.org.uk))  
Sacristan: Laurie Howe  
Caretaker: Richard Phiri  
Pastoral team: Rosanne Walker ([rosanne@stpeterswinchester.org.uk](mailto:rosanne@stpeterswinchester.org.uk)), Jo Donaldson ([joanna@stpeterswinchester.org.uk](mailto:joanna@stpeterswinchester.org.uk))  
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Volunteer Director of Communications: Moira Redmond ([moirar@stpeterswinchester.org.uk](mailto:moirar@stpeterswinchester.org.uk))  
To get in touch with them, and for other general matters, please contact the Parish Office: 01962 852804 [office@stpeterswinchester.org.uk](mailto:office@stpeterswinchester.org.uk) .  
**PeterCares:** [petercares@stpeterswinchester.org.uk](mailto:petercares@stpeterswinchester.org.uk) **Prayerline:** [prayer@stpeterswinchester.org.uk](mailto:prayer@stpeterswinchester.org.uk)  
**Newsletter** (deadline for items Wednesday evening): [newsletters@stpeterswinchester.org.uk](mailto:newsletters@stpeterswinchester.org.uk) **Newsletter list:** [hello@stpeterswinchester.org.uk](mailto:hello@stpeterswinchester.org.uk)  
**St. Peter’s School Office:** 01962 852820 [admin@st-peters.hants.sch.uk](mailto:admin@st-peters.hants.sch.uk)  
**St. Thomas More’s Stockbridge:** please email [stm@stpeterswinchester.org.uk](mailto:stm@stpeterswinchester.org.uk)

**Parish Safeguarding Representative** - We will soon be recruiting a new Safeguarding team, who will be supported by Michaela Waterfield, our Parish Administration Manager. In the interim period, any safeguarding concerns or requests for advice can be routed through to the central team via this email address [safeguarding@portsmouthdiocese.org.uk](mailto:safeguarding@portsmouthdiocese.org.uk) or telephone number: 02394 216486. Email is probably best as, with current restrictions etc, the office is not always resourced. If there is a concern that someone is at immediate risk of harm, people should be advised to contact 999 for the emergency services. In the meantime, please use the [safeguarding@portsmouthdiocese.org.uk](mailto:safeguarding@portsmouthdiocese.org.uk) address for any queries or contact Ruth Attfield, our diocesan safeguarding coordinator on 02394 216486.

Mass Timetable	31st July – 7 <sup>th</sup> August 2021			
Date	Mass Times & Intentions			Livestream/Public
SATURDAY – July 31 <sup>st</sup> St Ignatius of Loyola  18 <sup>th</sup> Sunday in Ordinary Time	9.00AM	Mass	Gordon Marshall Wiles RIP	Livestream & public
	5.30 PM	Vigil Mass		Livestream, public, booking reqd
SUNDAY – August 1st 18 <sup>th</sup> SUNDAY IN ORDINARY TIME	8.00 AM	Mass	David & Julia O’Connell RIP	Livestream, public, booking reqd
	9.00 AM	Mass at St Thomas More’s	People of the Parish	Public, booking reqd *
	9.15 AM	Mass at St Stephen’s		Public, booking reqd
	10.00AM	Mass		Livestream only
	11.00 AM	Mass at St Gregory’s		Public, booking reqd
	12.00 Noon	Mass		Livestream, public, booking reqd
	5.30PM	Mass		Livestream, public, booking reqd
MONDAY – August 2nd	12.15PM	Mass	Sybolia Fernandes - thanksgiving	Livestream & public
TUESDAY – August 3rd St Ethelwold, Bishop	10.00AM	Mass	Intentions of the Neil family	Livestream & public
	10.00AM	Mass at St Gregory’s		Public
WEDNESDAY – August 4 <sup>th</sup> St John Vianney, Priest	10.00AM	Mass	Austin Emery RIP	Livestream & public
THURSDAY – August 5 <sup>th</sup>	10.00AM	Mass	For the Dead and Founders	Livestream & public
FRIDAY – August 6 <sup>th</sup> THE TRANSFIGURATION OF THE LORD	10.00AM	Mass at St Gregory’s		Public
	12.30PM	Mass		Livestream, & public
SATURDAY – August 7 <sup>th</sup> Our Lady on Saturday	9.00AM	Mass	For the Benefactors	Livestream & public
	5.30 PM	Vigil Mass	All Souls in Purgatory	Livestream, public, booking reqd

All at St. Peter’s, except where stated.  
FOR ALL ONLINE BOOKINGS please use website homepage - [The Parish of St Peter & the Winchester Martyrs](#) - or call office 01962 852804. Or you can email office if any issues: [office@stpeterswinchester.org.uk](mailto:office@stpeterswinchester.org.uk)  
\*To book mass at St Thomas More’s Stockbridge, email: [stm@stpeterswinchester.org.uk](mailto:stm@stpeterswinchester.org.uk) If you would like a phone number to call, please ring the office 01962 852804 to ask for it.  
**Please note that the 12.15pm Mass on Friday 6<sup>th</sup> August will now be at 12.30pm.**  
**Adoration (11am-12pm) will not take place during August.**  
Confessions every Saturday 11.00am till 12.00pm and 4.30pm-5.00pm at St Peter’s Church – booking not required.  
Night Prayer (livestream and open to public) every evening from St Peter’s, 9.00pm (**except Fridays and Saturdays in August**)  
Morning Prayer (livestream and open to public) every weekday, Monday to Friday, 8.00am, followed by Adoration till 9.00am  
*To participate online or see the recorded services for Morning Prayer & Adoration and Night Prayer & Adoration, go to our [YouTube channel](#)*  
ALL SERVICES (INCLUDING MORNING PRAYER, NIGHT PRAYER & ADORATION) FROM ST PETER’S ARE LIVESTREAMED