

Welcome to Week 0!

Week 0 (Ash Wednesday - March 2nd)

Don't forget that Ash Wednesday is a Day of Fasting and Abstinence!

Ash Wednesday Gospel - Matthew 6:1-6, 16-18

Your Father who sees all that is done in secret will reward you

During Lent, we are invited to turn towards God (to 'repent') by means of good deeds, prayer and fasting. Jesus tells his disciples to do these things in secret. He means that we should do them for the love of God; there should be no element of doing them for the good opinion of other people. Let us not make a big 'thing' of our Lenten observance - God will take care of the good example we give our children and others around us.

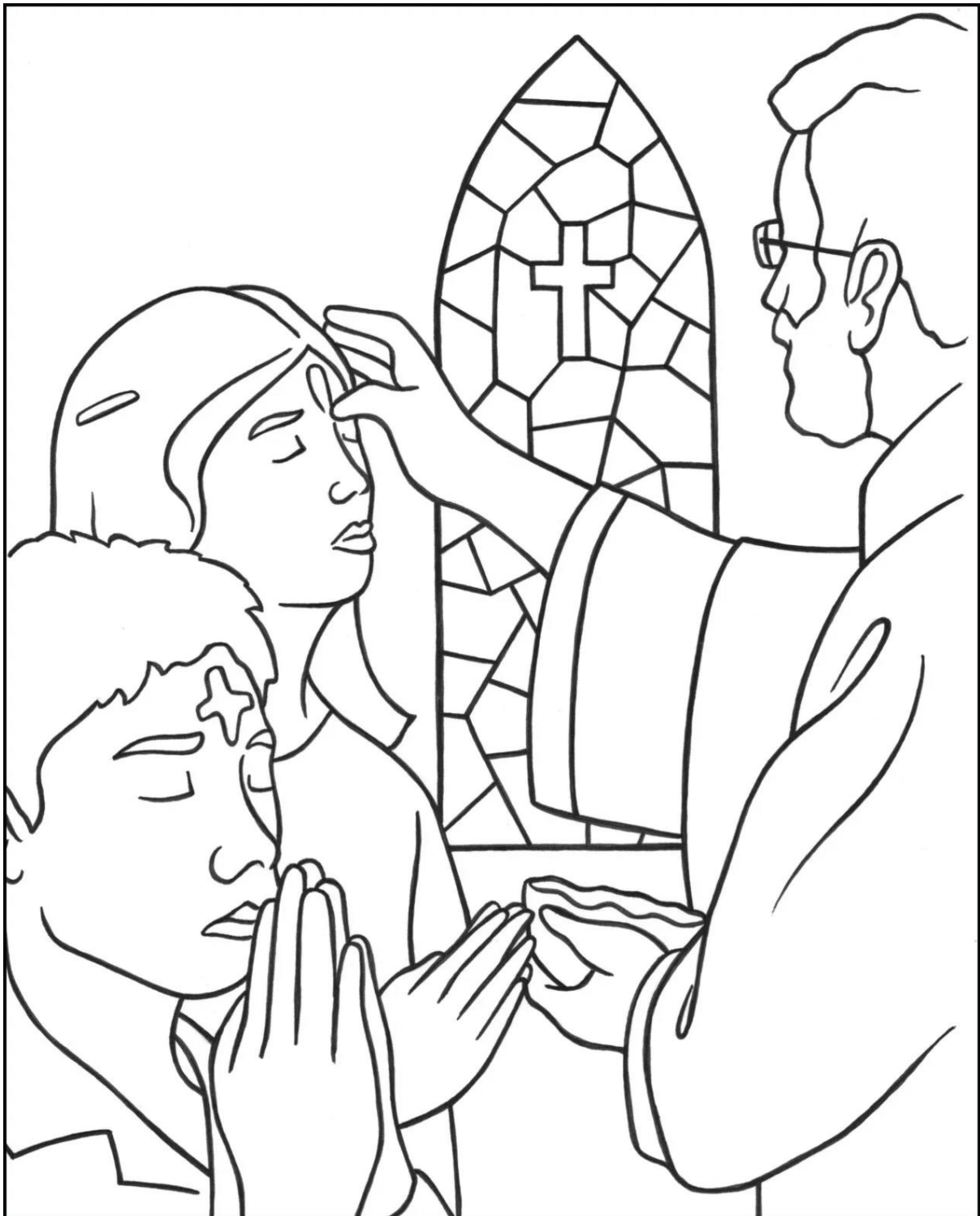
Jesus, we pray for the grace to live this Lent with a desire to grow in love for you.

Saint Katharine Drexel (1858 - 1955) Thurs 3rd March

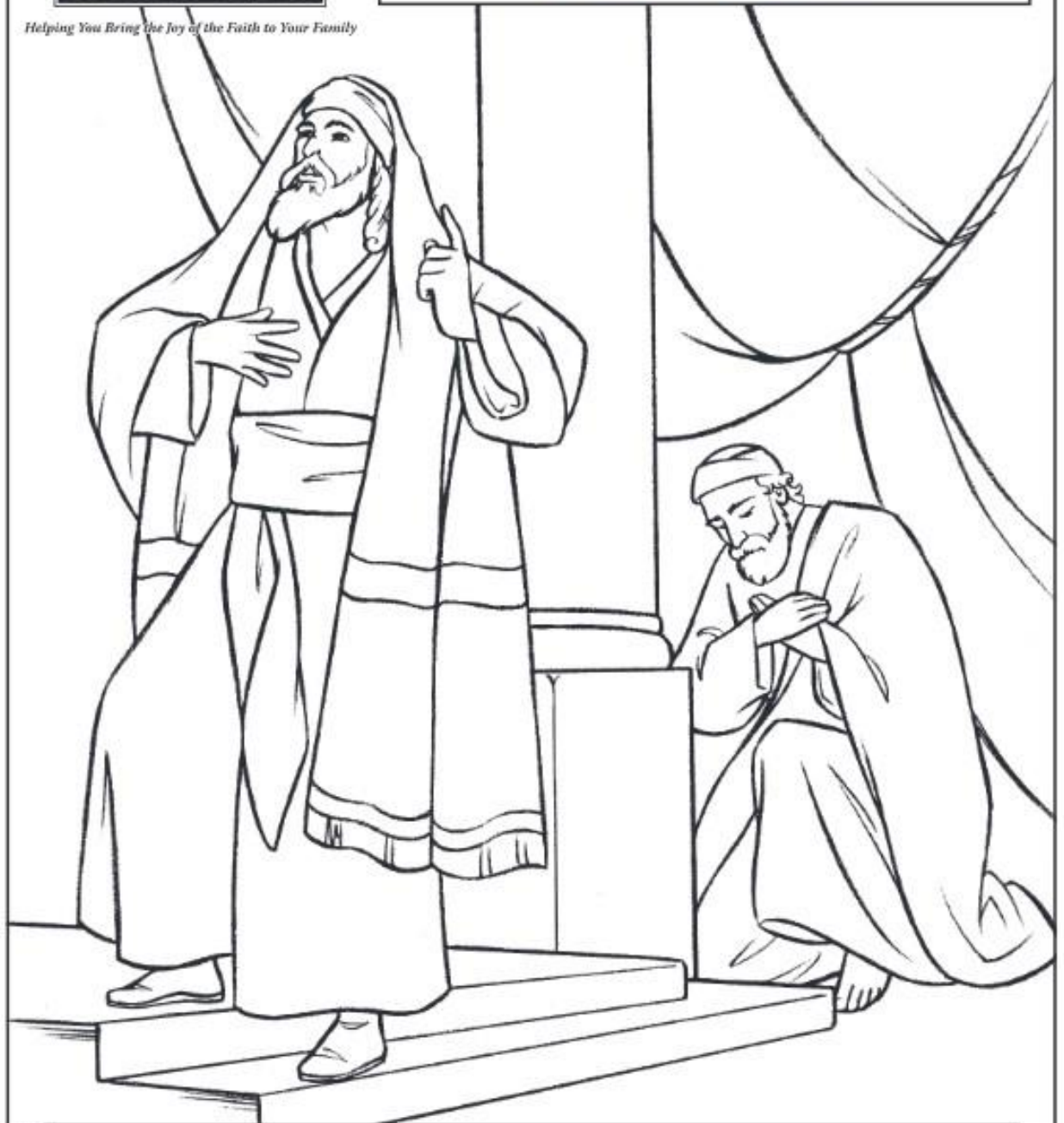
Katherine Drexel was the daughter of a very wealthy banker. When she was little, her father and step-mother were very kind to the poor, and she learned by their example to love Jesus and to love the poor. When she was a young woman her father died, and she inherited lots of money. She went to visit the pope to ask him to send missionary nuns and brothers to America to look after the Native American and African American people. He answered her with a question: why don't you become a nun yourself? She said yes! Much to people's amazement she set aside her vast fortune and glittering lifestyle to start life as a nun and used her fortune for the very things she had asked of the pope.

She is the patron saint of those who stand up for people who are treated unkindly because of their race, and of those who give money to good causes.

Who can I stand up for? What good cause can I give something for this Lent? Saint Katharine Drexel pray for us.



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"When you pray, do not be like the hypocrites, who love to stand and pray in the synagogues and on street corners so that others may see them. Amen, I say to you, they have received their reward. But when you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father Who sees in secret will repay you." (Matthew 6:5-6)

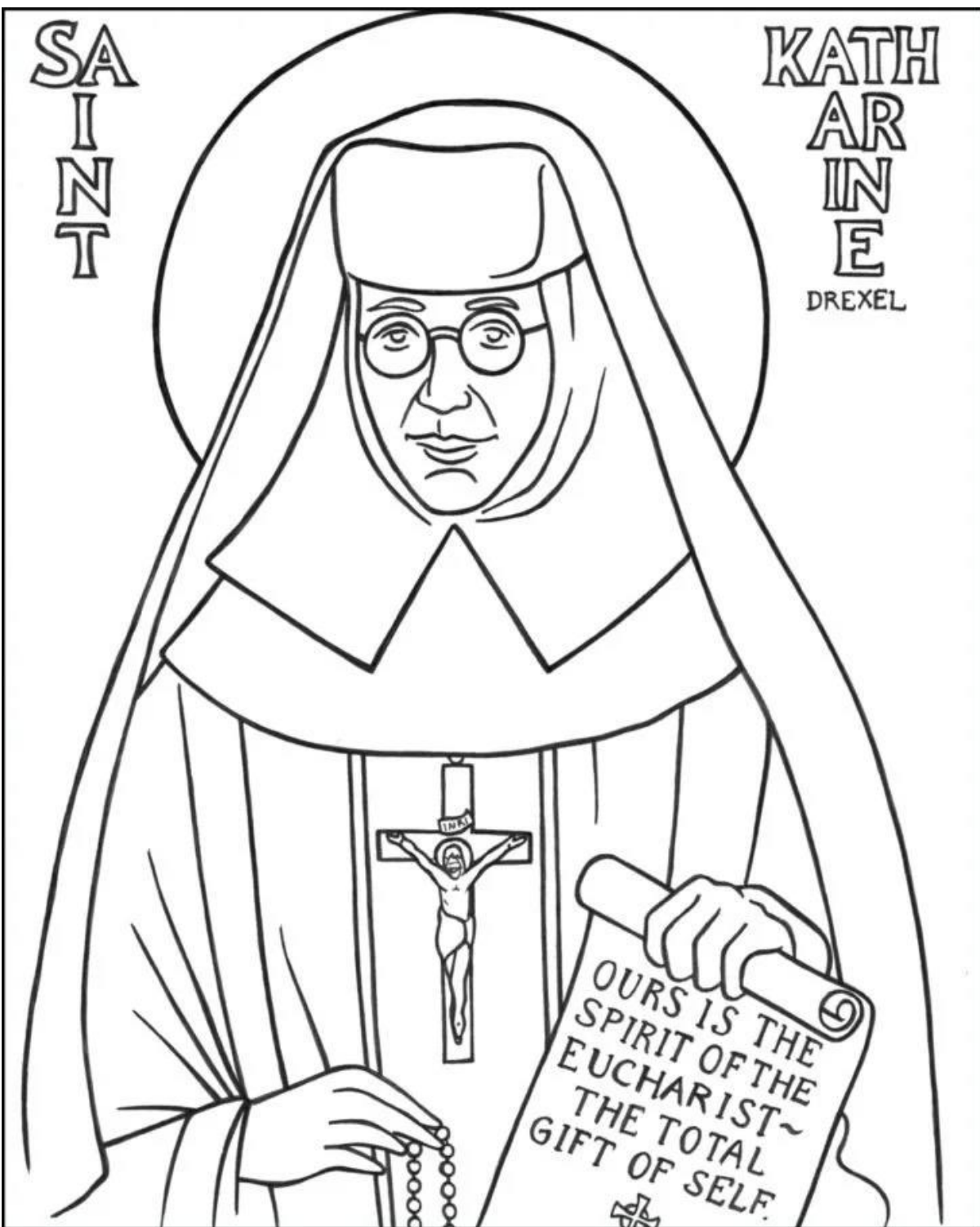
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Activities

- ❖ Set up a prayer table/corner
- ❖ Pin up Lenten Path and Calendar
- ❖ Bury the Alleluias!

As we don't sing 'Alleluia' during Lent to mark the solemnity of the season, have your child(ren) each write out the word 'Alleluia' on a piece of paper or card in block letters (or write it for them). Place them in a box or bag and 'bury' them in a cupboard (or even outside in the garden!) On Easter Sunday, they will dig them out, colour, and decorate them, then choose an Alleluia to sing together (and at Mass of course!)

Prayer: Attend Ash Wednesday Mass and receive the ashes. Masses are:

- ❖ 7am, 12:15pm and 7pm at St Peter's and 9:30am at St Peter's School