

Welcome to Week 1!

1st Sunday of Lent Gospel - Luke 4:1-13

The temptation in the wilderness

After his baptism, Jesus prepared for his ministry by spending forty days in the wilderness, in prayer and fasting, just as we are about to spend 40 days of Lent preparing for his passion and resurrection at Easter. He was tempted to be a false 'Messiah' of worldly deeds and power, but He humbly submitted to His Father.

Jesus, we pray for the grace to follow your example this Lent.

Saints Perpetua and Felicity (3rd century) Mon 7th March

Saints Perpetua, a young noble woman, and Felicity, a slave, lived in the Roman Empire at a time when Christians were persecuted. They were catechumens - that is, learning about the faith before being baptised - when they were arrested by the Roman authorities. They would not give up their faith because they loved God more than life itself. Perpetua left behind a diary describing her terrible suffering in prison before her execution. They were both martyred together. Since Perpetua had a little baby, and Felicity was expecting a baby at the time of their martyrdom, they are the patron saints of mothers and expectant mothers.

Perhaps I could pray to Perpetua and Felicity to intercede for my mother. What does my mother need most of all that I can ask them to pray for? Saints Perpetua and Felicity pray for us.

Saint John of God (1495-1550) Tues 8th March

Saint John of God had a very poor and difficult childhood. He spent the first part of his adult life being a soldier and having various adventures, but never married or stayed in one place for very long. Then one day he heard a famous and very holy man preach - the man we now call Saint John of the Cross - and he was instantly converted to a deep faith. He had a vision of the baby Jesus who gave him the name John of God, and he also had a vision at the shrine of Our Lady of Guadeloupe who encouraged him to help the poor.

He was very generous and was always giving away his cloak to poor people - so much so that one day a bishop gave him a religious habit, and this was the start of what became the world-wide religious order the Brothers Hospitallers of Saint John of God, which is still working to help the needy to this day.

Not surprisingly, Saint John of God is patron saint of hospitals and the sick.

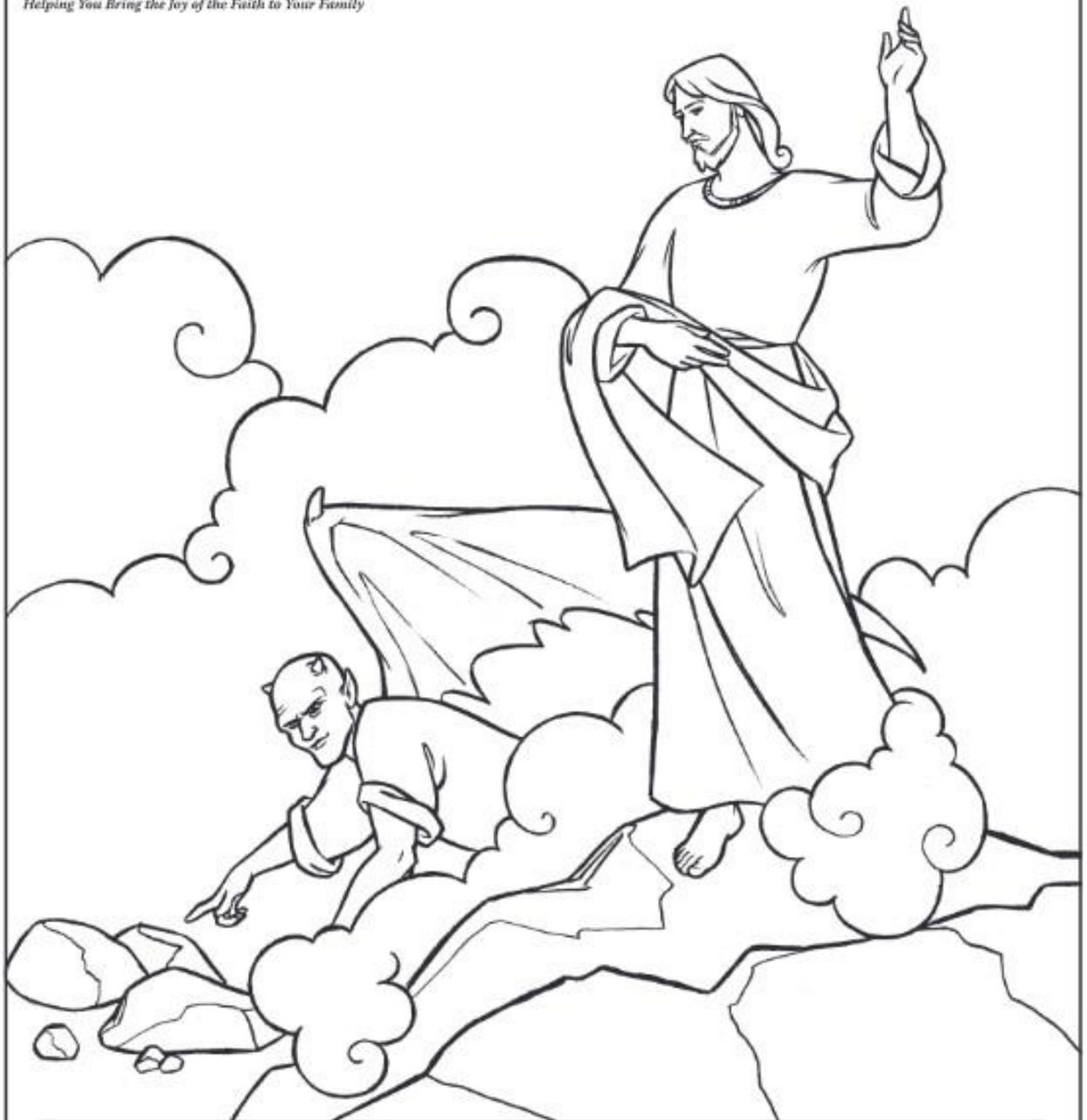
Do I know anybody who is sick? Can I help them? Perhaps I could pray to St. John of God for them. Saint John of God pray for us.

Activities

- ❖ Make a decision to pray, give up something, and give alms this Lent in some way; we remember that what we decide should bring us closer to God. We have the same Holy Spirit in us as Jesus had in the desert, to help us in our weakness!

Prayer

- ❖ You are invited to Led Adoration for Families on Saturday March 12th at 3pm in St Peter's Church



"Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over He was hungry.

The devil said to Him, 'If You are the Son of God, command this stone to become bread.'

Jesus answered him, 'It is written, "One does not live by bread alone."' (Luke 4:1-4)

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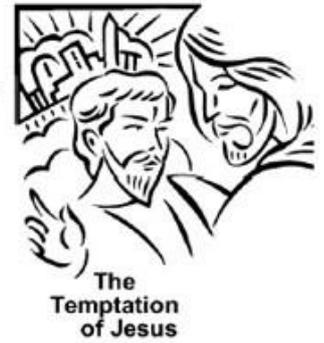
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The Temptation of Christ

When the devil had finished all this tempting, he left him until an opportune time. Luke 4:13 (NIV)

Based on Luke 4:1-13



U F O R T Y A W O R S H I P N
 I G S L W X D T E M P T E D L
 L O U W E N R B F M T W O S A
 Y Z O V A E D I E I F Y Y N P
 J S I M S A U L R E N A N W E
 P L M E E D A I Y A D A Q Y P
 A O D R E S P T D M T L Y Y F
 C N B I U S I R O S E I K F N
 D D G R L R O Z S A M I I Y Z
 S W E E O J O N E Q P H N G V
 K J V H L D E V I L L U G J Q
 S U T H A S M G N D E N D H M
 S U U R O M W O R L D G O U W
 A X T H S L Q Z O J P R M O P
 W O S G S R Y N P W A Y S K M

DESERT	ANGELS	WORSHIP	HUNGRY	KINGDOMS
TEMPTED	DEVIL	JORDAN	AUTHORITY	BREAD
SPIRIT	JERUSALEM	COMMAND	FORTY	STONE
LIVE	DAYS	WORLD	TEMPLE	HOLY



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