

Welcome to Week 3!

3rd Sunday of Lent Gospel - John 4:5-42

A spring of water welling up to eternal life

Jesus asks a Samaritan woman for a drink from the well. In those days it was unusual, even shocking, for a Jewish man to ask a Samaritan woman for a drink. Although puzzled, the Samaritan woman does not refuse. Jesus leads her along gently, showing her who He is, and offering her the water that will turn into a spring inside her and well up to eternal life, in other words the Holy Spirit.

Lord, show me what little thing you are asking of me, and, even if I don't quite understand, reveal to me who you are, and give me the living water that will turn into a spring inside me welling up to eternal life. Reveal to me the grace of my baptism when I received your Holy Spirit.

Saint Patrick (circa fifth century) 17th March

Saint Patrick lived only four or five hundred years after Christ, at a time and in a place where not much history was written down, so we do not know much about him for certain. However, there is a long tradition that he was a missionary to Ireland where he converted many Celtic pagans to Christianity, and where he was eventually a bishop. There is a legend that he stood on a hilltop and banished all the snakes from Ireland: they all slithered away into the sea, which explains why there are no snakes in Ireland today. This legend might not be literally true, but it symbolises Saint Patrick driving out false beliefs and evil. Whatever the details of his life may have been, he is venerated in Ireland today as a great saint, and the bringer of Christianity. Some people call him Apostle of Ireland. Saint Patrick is the patron saint of Ireland. Because he converted the druids, people often pray to him for protection from false teaching, magic, and witchcraft.

Does anything have power over me which is not God (for example computer games, toys, or sweets)? Saint Patrick, help me to be free of all addictions and false attachments, and free to love God and other people. Saint Patrick pray for us.

Belong and Believe!

Activities

❖ Shamrock/Trinity Craft:

St Patrick taught the mystery of the Trinity (Father, Son and Holy Spirit) using a shamrock.

1. Cut out 3 heart shapes from green paper or card (or you could paint or colour white card)
2. Write 'Father' on one, 'Son' on another, and 'Holy Spirit' on the third (you could even draw on a heart with God the Father, a cross with God the Son - Jesus, and a dove or flame for God the Holy Spirit)
3. Stick them together either on a lolly stick, or on another piece of paper and draw the stem in.
4. You now have your shamrock to help you explain the mystery of the Trinity!

Prayer

❖ St Patrick's Breastplate

The following is (part of) a long prayer written by St Patrick. You might like to pray it today, or even sing or listen to the well-known hymn based on this (Christ Be Beside Me):

Christ with me, Christ before me, Christ behind me,
Christ in me, Christ beneath me, Christ above me,
Christ on my right, Christ on my left,
Christ when I lie down, Christ when I sit down,
Christ in the heart of every man who thinks of me,
Christ in the mouth of every man who speaks of me,
Christ in the eye that sees me,
Christ in the ear that hears me.



Third Sunday of Lent, March 12, 2023



Jesus came to a town of Samaria called Sychar. Jesus, tired from His journey, sat down there at the well. A woman of Samaria came to draw water. Jesus said to her, "Give Me a drink. If you knew the gift of God and who is saying to you, 'Give Me a drink,' you would have asked Him and He would have given you living water." The woman said to Him, "I know that the Messiah is coming, the one called the Christ." Jesus said to her, "I am He, the one who is speaking with you." (John 4:5-7, 10, 25-26)

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Jesus Met the Woman at the Well

The Samaritan woman said to him, "You are a Jew and I am a Samaritan woman. How can you ask me for a drink?" (For Jews do not associate with Samaritans.[a])
John 4:9 (NIV)



1.

S V L F L J K T K L I V I N G
A M O B M O Q G Z U D E A B E
M I U H U S B A N D W O M A N
A O C X H O O G T U C M C N Q
R B N P I L X J P H P G A X G
I E T E R N A L E L I H C A H
T S D R D K W W H S N R M W X
A H P M G K B A O S U W S I S
N P P R E S Q T G L G S E T S
F I B Z I S A E C I G D U L Y
V J K K F N S R E F F F C V L
O A H J W Y G I J E O T C P N
D R I N K L O M A K K F N F O
L T Q D L O S D H H C O J M W
C G K V M P R O P H E T C P M

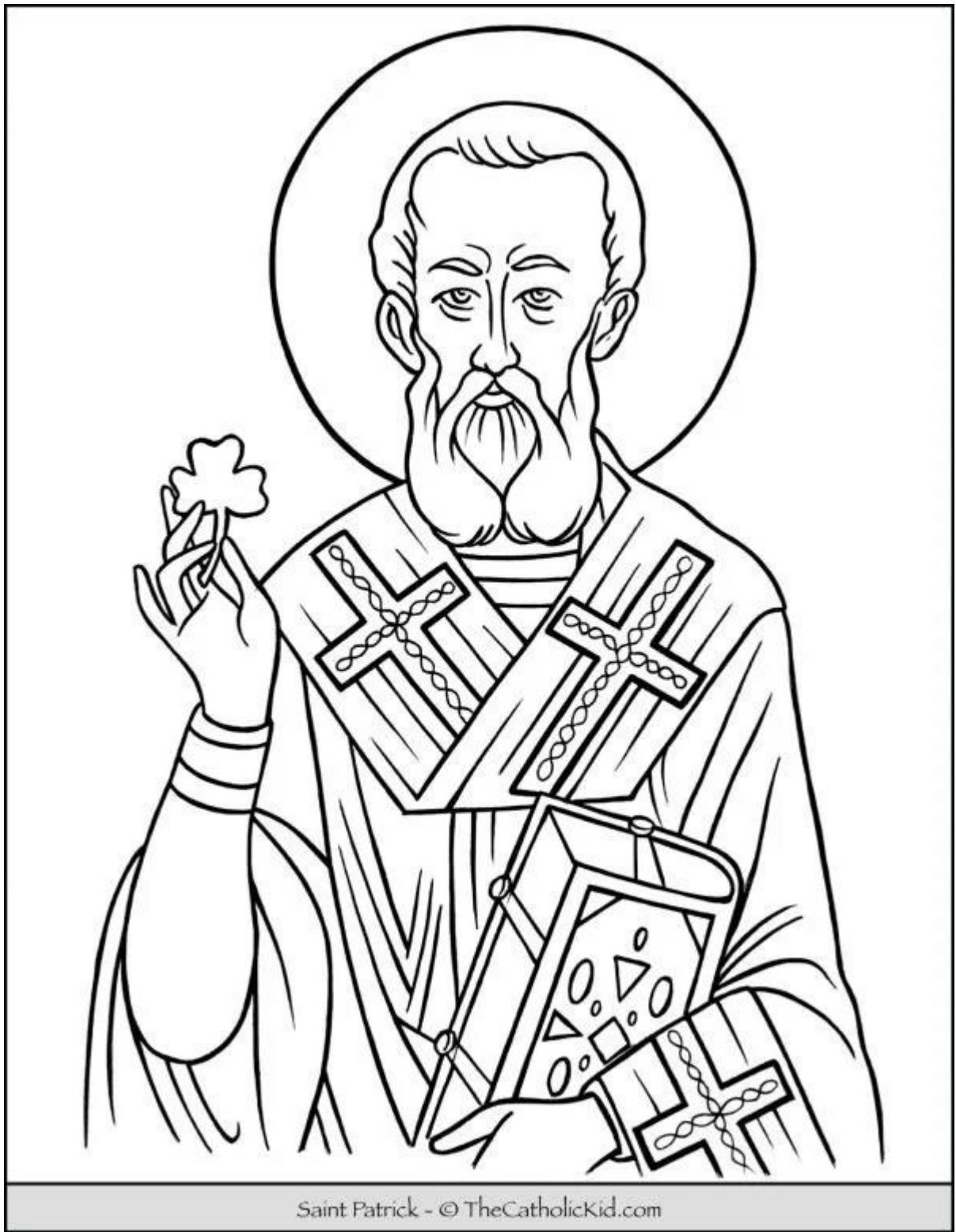
WOMAN
LIFE
PROPHET

DRINK
JESUS
MESSIAH

ETERNAL
THIRSTY
SPRING

SAMARITAN
LIVING
HUSBAND

GIFT
WELL
WATER



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Cut on the dotted lines.

Glue shapes onto a craft stick to form a shamrock.

Glue a word onto each shape.



Father	Son	Holy Spirit
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