



THE PARISH OF ST PETER  
& THE WINCHESTER MARTYRS

# PETERPOST

Parish of St. Peter and the Winchester Martyrs

Heart of Hampshire Parish with worshipping communities in Alresford, Stockbridge and Winchester

11th August 2024

Nineteenth Sunday in Ordinary Time - Year B

## Readings and Antiphons:

### Entrance Antiphon:

**Cf. Ps 73:20,19,22.23**

Look to your covenant, O Lord, and forget not the life of your poor ones for ever.

Arise, O God, and defend your cause, and forget not the cries of those who seek you.

**First reading:** Kings 19:4-8

**Responsorial Psalm:** Ps 33:2-9. R. v.9

Taste and see that the Lord is good.

**Second reading:** Ephesians 4:30-5:2

**Gospel Acclamation: Jn 14:23**

**R. Alleluia, alleluia!**

If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.

**R. Alleluia!**

**Gospel:** John 6:41-51

**Communion Antiphon:**

**Ps 147:12,14**

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

**HOLY DAY of OBLIGATION** on

Thurs 15th August—see Mass Times.

## Funerals and Deaths:

**Maria Stachurska RIP** - Funeral Service at Test Valley Crematorium on Wednesday 14th August at 11am.

**Frank Crook RIP** - Funeral Service at Test Valley Crematorium on Friday 16th August at 3pm. There will also be a **Memorial Mass for Frank** at St Peter's at 12.15pm on Friday 30th August.

**Ryan Savage-Brown RIP** - Funeral Service at St Peter's on Thursday 29th August at midday.

**Mary Burner RIP** - Funeral Service has been delayed.

**Maureen Capewell RIP**

*Please pray for their family and friends at this difficult time. May God grant them eternal rest.*

## *The Bread that I Shall Give is My Flesh, for the Life of the World*

### A Message from Fr Mark

For an average person, the daily recommended caloric intake depends on your age and your gender. For example, some guidelines suggest that an average 16–18-year-old female requires 1800-2400 calories, and a female 61 years old or over requires 1600-2000 calories; whilst the suggested caloric intake for the average male is higher, with an average 16-18 year old requiring 2400-3200 calories and a 61-75 year old requiring 2000-2600 calories.

This changes drastically, however, if you are a high performance athlete. For example, a 90kg male weightlifter may require 4,600 to 7,200 calories daily, while a 60kg female athlete may need 3,000 to 4,700 calories daily. Such high-performance athletes have personalized diets to achieve the required amount of calories.

Whilst we are in “Year B” of the Lectionary, and ordinarily read Gospels from St. Mark, we find that because his Gospel is the shortest of the four, and John’s theology of the Bread of Life is so important, for five consecutive weeks – from the 17<sup>th</sup> to the 21<sup>st</sup> Sundays (this year, 28<sup>th</sup> July – 25<sup>th</sup> August) – we are graced by and confronted with the great Johannine discourse.

This story begins like five similar stories in the gospels, with Jesus feeding a large crowd, but then it turns from a miracle of physical feeding to a teaching on our need

for spiritual food. His hearers knew the tradition of God feeding faithful followers, like the famed manna in the desert story, or the tale in the first reading of the feeding of the prophet Elijah. But Jesus is suggesting that their spiritual diet is now insufficient for the new training he is inaugurating, where it is necessary to be believers and disciples in the new reign of God that he is revealing.

St. John is a gifted theologian who crafted his gospel with great care. His Last Supper story is the longest such narrative in all the gospels (chps. 13-17). Despite its length, nowhere does Jesus take bread into his hands or pick up a cup of wine. These chapters are devoid of “the words of consecration” or institution narrative, found in all the other gospels as well as in St. Paul’s first letter to the Corinthians. In place of any “institution narrative” he instead illustrates what it means to be his body in his stunning humility when washing the feet of his disciples.

It is this bread of life discourse which contains St. John’s version of the institution narrative. Instead of “my body which is given for you” he reverts to the “flesh” language used so pointedly in his prologue (John 1:14), announcing that the bread Jesus gives is his “flesh for the life of the world.”

### Welcome to:

Mateo Cordon, who was baptized at St Peter's on Saturday 27th July, and to Sebastian James, who was baptized at St Gregory's on Sunday 28th July.

### Prayer Corner

Let us pray that as we celebrate Mass, and taste and see the goodness of the Lord, we are brought together as one, closer to each other and Christ in hope and joy.



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# PETERPOST

Parish of St. Peter and the Winchester Martyrs

Heart of Hampshire Parish with worshipping communities in Alresford, Stockbridge and Winchester

18th August 2024

Twentieth Sunday in Ordinary Time - Year B

## Readings and Antiphons:

### Entrance Antiphon:

Cf. Ps 73:20,19,22,23

Look to your covenant, O Lord, and forget not the life of your poor ones for ever.

Arise, O God, and defend your cause, and forget not the cries of those who seek you.

**First reading:** Kings 19:4-8

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**Gospel:** John 6:41-51

**Communion Antiphon:** Ps 147:12,14

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## CrossKeys Magazine - Summer 2024

Our Parish Termly Magazine is available here: [CrossKeys-Summer-2024.pdf](#)  
Hard copies available at the back of all churches.

## Contacts

For a full list of contact details for our Parish, please visit our website: [www.catholicwinchester.org.uk](http://www.catholicwinchester.org.uk) or email: [hello@stpeterswinchester.org.uk](mailto:hello@stpeterswinchester.org.uk) to be directed to the correct person.

**Parish Priest:** Fr Mark Hogan

**Assistant Priest:** Fr Benedict Ndikum

**Deacons:** Tony Darlison & Martin McElroy

**Parish Office:**

[office@stpeterswinchester.org.uk](mailto:office@stpeterswinchester.org.uk)

**Finance:**

[accounts@stpeterswinchester.org.uk](mailto:accounts@stpeterswinchester.org.uk)

**Tel.** 01962852804

**Newsletter:** [news-](mailto:news-letters@stpeterswinchester.org.uk)

[letters@stpeterswinchester.org.uk](mailto:letters@stpeterswinchester.org.uk)

(deadline for items **21st Aug pm please**).

**Parish Bank Details** If you wish to make a payment/donation, please use the following: Parish Bank Account Name: CDP St Peter & Winchester Martyrs - (ref details eg: offertory, SVP, etc). Sort Code: 30-93-04 Account Number: 00890996 or the Contactless machine at the back of St Peter's or visit our website.

## News

**CONGRATULATIONS to St Peter's & Southampton and Winchester Visitors Group (SWVG) on winning the Hampshire FA Foundation Award**, in recognition of three key pillars: Disability Football, Equality, Diversity & Inclusion, and/or Community Coaching throughout the 2023/24 season. In January 2023, 55 young men from countries all around the world were relocated to a remote hotel near Winchester. Volunteers organized, delivered kit and weekly football training sessions to over 30 of these young men who were desperately in need of exercise, fun and friendship which the universal language of football can uniquely provide."

## What to Watch!

**Watch the "CATHOLICISM" series for Free!** George Weigel, biographer of Pope St. John Paul II, said that the [CATHOLICISM series](#) is "the most important media project in the history of the Catholic Church." He invites you to experience the beauty of the Catholic faith in all its richness and history by watching [CATHOLICISM](#) this month. For over ten years now, countless testimonies of how this film series has brought people into—or back to—the Catholic faith. Explore the greatest story ever told—that of God's revelation to mankind—in a free screening of [CATHOLICISM](#) at [wof.org/catholicism-screening](http://wof.org/catholicism-screening).

**The Pope Video for August** - Pope Francis's prayer intention for August is **for political leaders**. [The Pope Video](#) accompanies the Pope's request in that context, as he invites politicians **"to be at the service of their own people."**

## Events

**THE LORDS FLOCK RETREAT (on Saturday 24th August from 10am to 7pm) & SPIRIT EMPOWERMENT SEMINAR (on Sunday 25th August, also from 10am to 7pm)**. 2 whole days of praise and worship with our Basingstoke, Birmingham and Palma de Mallorca, (hopefully USA, Madrid and Ireland) Chapter members. We are praying for a Holy Spirit led Praise, Worship and 2 day Empowerment seminar. Contact Lisa Franco via the Parish Office for more details. Please come if you can.

**ADoRE spiritual mini-retreat 31st August 10.00-1.00** "BEAR THE FRUIT OF THE SPIRIT – our transformed lives will help other people." Including Mass, Adoration, Praise, Prayer for the gifts of the Holy Spirit and inspiring guest speaker Maria Heath. Please register for the Zoom meeting in advance at [bit.ly/ADOREAUG2024](https://bit.ly/ADOREAUG2024) More information at [www.altonrenewal.com](http://www.altonrenewal.com)

**Catholic Women's League (CWL) - Soup & Pud Lunch** - Next charity lunch is planned for 6th Sept, 12noon-1.30pm - Pastoral Centre - supporting Prison Advise and Care Trust (PACT) - the families of Prisoners. All very welcome. Suggested donation £7.00. **PLEASE NOTE: NO parking** at church due to a wedding on the same day.

**Winchester Catholic History Society** next event is on Weds 18th Sept. "Young Elizabeth— Princess, Prisoner & Queen, by Dr Nicola Tallis. Bookings please to [win.cath.history@gmail.com](mailto:win.cath.history@gmail.com).

**St Gregory's Soup & Pud Lunch** - Next charity lunch - 24th September - supporting the Hampshire & Isle of Wight Air Ambulance, which costs £17,750 a day to maintain the service and relies solely on contributions from the community. Please come and support. More details available nearer the time.

**Murder Mystery Evening at Twyford Parish Hall on 19th October at 7pm**. Proceeds to SVP Christmas Parcels. Tickets £25. Further details to follow.

**Pilgrim's Progress to Rome**, an eight-day trek in Autumn 2025, is a charity fundraising challenge organised by the charity **Life**. Life supports women in unexpected and crisis pregnancies and those experiencing pregnancy loss. Life are calling all those with "an adventurous spirit and a compassionate heart", to email [emilytraynor@lifecharity.org.uk](mailto:emilytraynor@lifecharity.org.uk) to receive more information.

**Lost Property.** We have acquired a number of personal items—found at St Peter's. We kindly request the owners to come and collect their lost items before we donate them to Charity.

<a href="#">Mass Timetable</a>	10th August 2024 – 17th August 2024		
Date	Mass Times & Intentions		
<b>SATURDAY – August 10th – ST LAURENCE</b> , Deacon, Martyr, feast. 19th Sunday in Ordinary Time - Vigil	9.00 AM	Mass at St Peter's	Laura & Derek Elliott—Health Concerns
	9.30 – 10.30 AM	Confession at St Peter's	
	4.30—5 00 PM	Confession at St Peter's	
	5.30 PM	Mass at St Peter's	Robert Townend RIP
<b>SUNDAY – August 11th – NINETEENTH SUNDAY IN ORDINARY TIME.</b>	8.00 AM	Mass at St Peter's	People of the Parish
	9.00 AM	Mass at St Thomas More's	Susan Bolger RIP
	9.15 AM	Mass at St Stephen's	Sadie Redmond RIP
	10.30 AM	Mass at St Peter's	Brenda & Kevin Mahoney, with Blessings & Prayers from Aunty Eileen
	11.00 AM	Mass at St Gregory's	Peace in the World
	5.30 PM	Mass at St Peter's	Soul of William Meader
<b>MONDAY – August 12th – St Jane Frances de Chantal</b> , Foundress, optional memorial.	8.00 AM	Morning Prayer and Adoration at St Peter's	
	12.15 PM	Mass at St Peter's	Ewa Slinn RIP – Anniversary of funeral
<b>TUESDAY – August 13th – St Pontian, Pope, &amp; St Hippolytus</b> , Priest, Martyrs, optional memorial.	8.00 AM	Morning Prayer and Adoration at St Peter's	
	<b>No 10.00am Mass at St Gregory's</b>		
	12.15 PM	Mass at St Peter's.	Dead & Founders
<b>WEDNESDAY – August 14th – St Maximilian Maria Kolbe</b> , Religious, Priest, Martyr, memorial.	8.00 AM	Morning Prayer and Adoration at St Peter's	
	<b>No 10.00 AM Mass at St Peter's.</b>		
<b>THURSDAY – August 15th – THE ASSUMPTION OF THE BLESSED VIRGIN MARY</b> , solemnity. <b>HOLY DAY of OBLIGATION.</b>	07.30 AM	Mass at St Peter's	Stelios & John Moosoyanis
	12.15 PM	Mass at St Peter's	Maureen Elliott RIP
	7.00 PM	Mass at St Peter's	Michael Hayes RIP
<b>FRIDAY – August 16th – St Stephen</b> , King of Hungary, optional memorial.	8.00 AM	Morning Prayer and Adoration at St Peter's	
	<b>No 10.00am Mass at St Gregory's</b>		
	12.15 PM	Mass at St Peter's.	Soul of Simon Da Costa
<b>SATURDAY – August 17th – Our Lady on Saturday</b> , 20th Sunday in Ordinary Time - Vigil	9.00 AM	Mass at St Peter's	Intentions of the Neil Family
	9.30 – 10.30 AM	Confession at St Peter's	
	4.30—5.00 PM	Confession at St Peter's	
	5.30 PM	Mass at St Peter's	Deceased Relatives of the Whiteman & Brookes Families
<p>Confessions every Saturday 9.30am till 10.30am and 4.30pm-5.00pm at St Peter's Church.  Morning Prayer (livestream and open to public), every weekday 8.00am at St Peter's followed by Adoration till 9.00am.  To participate in any service online (including Morning Prayer &amp; Adoration) or to see the recorded services, go to our <a href="#">YouTube channel</a></p> <p><b>ALL SERVICES (INCLUDING MORNING PRAYER) FROM ST PETER'S ARE LIVESTREAMED.</b></p>			

<a href="#">Mass Timetable</a>	17th August 2024 – 24th August 2024		
Date	Mass Times & Intentions		
<b>SATURDAY – August 17th – St Stephen,</b> King of Hungary, optional memorial. <b>20th Sunday in Ordinary Time - Vigil</b>	<b>9.00 AM</b>	Mass at St Peter's	Intentions of the Neil Family
	<b>9.30 – 10.30 AM</b>	Confession at St Peter's	
	<b>4.30 – 5.00 PM</b>	Confession at St Peter's	
	<b>5.30 PM</b>	Mass at St Peter's	Deceased Relatives of the Whiteman & Brookes Families
<b>SUNDAY – August 18th – TWENTIETH SUNDAY IN ORDINARY TIME.</b>	<b>8.00 AM</b>	Mass at St Peter's	Peace in the World
	<b>9.00 AM</b>	Mass at St Thomas More's	
	<b>9.15 AM</b>	Mass at St Stephen's	Golden Wedding of Jim & Pauline Howell
	<b>10.30 AM</b>	Mass at St Peter's	Homeless Man Who Died on the Street
	<b>11.00 AM</b>	Mass at St Gregory's	People of the Parish
	<b>5.30 PM</b>	Mass at St Peter's	The Soul of Richard Spencer & Con-celebrating local priests
<b>MONDAY – August 19th – St John Eu-des,</b> Founder, optional memorial.	<b>8.00 AM</b>	Morning Prayer and Adoration at St Peter's	
	<b>12.15 PM</b>	Mass at St Peter's	The Soul of Edmund Wheble
<b>TUESDAY – August 20th – St Bernard,</b> Abbot, Doctor of the Church, memorial.	<b>8.00 AM</b>	Morning Prayer and Adoration at St Peter's	
	<b>No 10.00 AM Mass at St Gregory's</b>		
	<b>12.15 PM</b>	Mass at St Peter's.	Soul of Eileen Gibson.
<b>WEDNESDAY – August 21st – St Maxi-millian Maria Kolbe,</b> Religious, Priest, Matyr, memorial.	<b>8.00 AM</b>	Morning Prayer and Adoration at St Peter's	
	<b>No 10.00 AM Mass at St Peter's</b>		
<b>THURSDAY – August 22nd – St Pius X</b> Pope, memorial.	<b>8.00 AM</b>	Morning Prayer and Adoration at St Peter's	
	<b>10.00 AM</b>	Mass at St Peter's	CWL
<b>FRIDAY – August 23rd – St Rose of Lima,</b> Religious, optional memorial.	<b>8.00 AM</b>	Morning Prayer and Adoration at St Peter's	
	<b>No 10.00 AM Mass at St Gregory's</b>		
	<b>12.15 PM</b>	Mass at St Peter's.	Souls of Elsie & William Walton
<b>SATURDAY – August 17th – ST BAR-THOLOMEW,</b> Apostle, feast. <b>21st Sunday in Ordinary Time - Vigil</b>	<b>9.00 AM</b>	Mass at St Peter's	Mary Perry RIP
	<b>9.30 – 10.30 AM</b>	Confession at St Peter's	
	<b>4.30 – 5.00 PM</b>	Confession at St Peter's	
	<b>5.30 PM</b>	Mass at St Peter's	Mr Frank Crook RIP
<p>Confessions every Saturday 9.30am till 10.30am and 4.30pm-5.00pm at St Peter's Church.  Morning Prayer (livestream and open to public), every weekday 8.00am at St Peter's followed by Adoration till 9.00am.  To participate in any service online (including Morning Prayer &amp; Adoration) or to see the recorded services, go to our <a href="#">YouTube channel</a></p> <p><b>ALL SERVICES (INCLUDING MORNING PRAYER) FROM ST PETER'S ARE LIVESTREAMED.</b></p>			