

# Welcome to Week 3!

## Stepping Forward in Love

### Stepping Forward in Love inspired by Scripture

*This week we take the Gospel from Year A for our reflection, as it will be used at some of the Masses.*

#### 3<sup>rd</sup> Sunday of Lent Gospel - John 4: 5-42

*A spring of water welling up to eternal life*

Jesus asks a Samaritan woman for a drink from the well. In those days it was unusual, even shocking, for a Jewish man to ask a Samaritan woman for a drink. Although puzzled, the Samaritan woman does not refuse. Jesus leads her along gently, showing her who He is, and offering her the water that will turn into a spring inside her and well up to eternal life, in other words the Holy Spirit.

*Lord, show me what little thing you are asking of me, and, even if I don't quite understand, reveal to me who You are, and give me the living water that will turn into a spring inside me welling up to eternal life so that I can know Your love for me and love those around me with Your love. Reveal to me the grace of my baptism when I received your Holy Spirit.*

### Stepping Forward in Love through the example of the saints

#### The Annunciation 25<sup>th</sup> March

The Feast of the Annunciation is exactly nine months before Christmas, Jesus' birthday, because Mary was pregnant with Jesus for nine months. On this day, the Angel Gabriel visited Mary. Gabriel told her that, if she was willing, she would conceive and bear a son, the Son of the Most High, who would rule over the House of Jacob for ever and ever. Mary did not understand how she could have a baby because she was not married, but the angel told her that the power of the Holy Spirit would conceive Jesus in her womb. Mary herself had been conceived without sin, and had never sinned in her whole life, and so, because of her goodness and purity, she was able to agree to all of this, even though it was frightening. She said she was willing with the famous words '*be it done to me according to thy word*'.

*Do I love Mary as my heavenly mother? Do I need her help to follow her example and give my own 'yes' to our loving God? Do I need her help to say sorry when I do something wrong and to grow in love with Jesus? Immaculate heart of Mary, pray for us.*

## **Stepping Forward in Love begins with prayer**

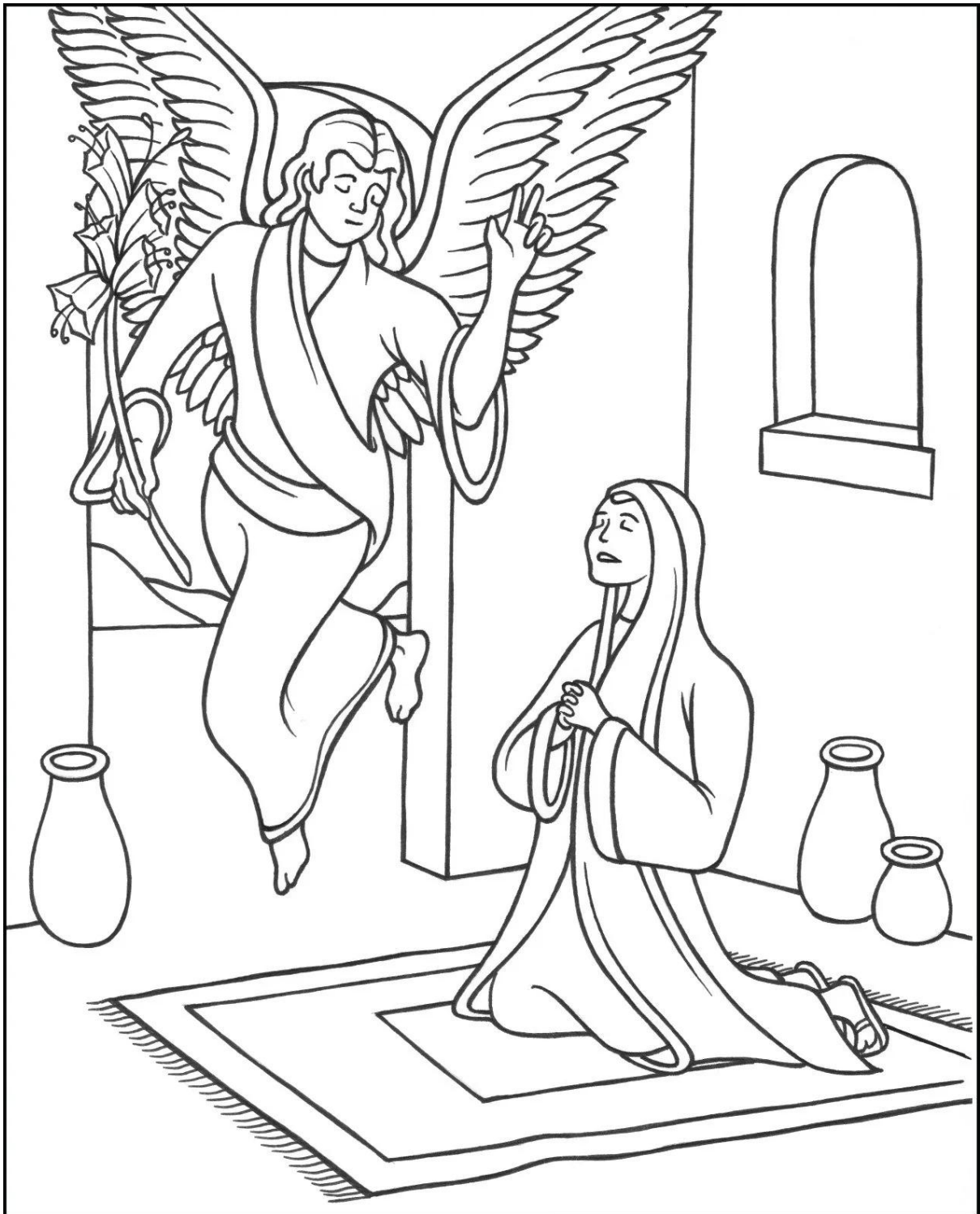
- ❖ Light a candle, find somewhere quiet or take a moment before Mass to pray to Mary to help you grow closer to Jesus and to love God more.
- ❖ Pray a decade of the rosary for peace in the world, focusing on the Annunciation.

You could watch this short video about how to pray the rosary and to join in to pray one decade, the first Joyful Mystery which is the Annunciation:  
<https://www.youtube.com/watch?v=zWSSYHuq3zg>

Here is another video where Sr explains how to pray a decade of the rosary as a family: <https://youtu.be/EwOa84NecbE>

Of course, you could pray all 5 Joyful Mysteries if you like! They are:

- The Annunciation
  - The Visitation (Mary visits her cousin Elizabeth)
  - The Nativity (the birth of our Lord Jesus)
  - The Presentation of Child Jesus in the Temple
  - The Finding of the Jesus in the Temple
- 
- ❖ Take time for the wonderful opportunity to receive the beautiful sacrament of reconciliation when we are forgiven, welcomed back into God the Father's loving embrace, given the grace to begin again and set free from the burden of sin. God is waiting for you!  
*Extended confession time will be on Saturdays throughout Lent  
9:30am - 12pm at St Peter's (upstairs in the Pastoral Centre)*



1st Joyful Mystery: The Annunciation - © 2016 TheCatholicKid.com All rights reserved.



Third Sunday of Lent, March 12, 2023



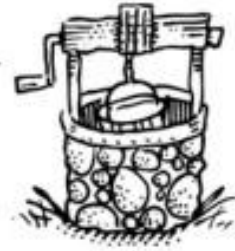
Jesus came to a town of Samaria called Sychar. Jesus, tired from His journey, sat down there at the well. A woman of Samaria came to draw water. Jesus said to her, "Give Me a drink. If you knew the gift of God and who is saying to you, 'Give Me a drink,' you would have asked Him and He would have given you living water." The woman said to Him, "I know that the Messiah is coming, the one called the Christ." Jesus said to her, "I am He, the one who is speaking with you." (John 4:5-7, 10, 25-26)

Join us online for **Lenten Adventure** to receive FREE and faithful children's activities all through Lent and the Octave of Easter!  
Fun for kids of all ages (and easy on Mom and Dad)! Sign up with your email address at [www.LentenAdventure.com](http://www.LentenAdventure.com)

©2023 Holy Heroes LLC. All rights reserved.

# Jesus Met the Woman at the Well

The Samaritan woman said to him, "You are a Jew and I am a Samaritan woman. How can you ask me for a drink?" (For Jews do not associate with Samaritans.[a])  
John 4:9 (NIV)



1.

S V L F L J K T K L I V I N G  
A M O B M O Q G Z U D E A B E  
M I U H U S B A N D W O M A N  
A O C X H O O G T U C M C N Q  
R B N P I L X J P H P G A X G  
I E T E R N A L E L I H C A H  
T S D R D K W W H S N R M W X  
A H P M G K B A O S U W S I S  
N P P R E S Q T G L G S E T S  
F I B Z I S A E C I G D U L Y  
V J K K F N S R E F F F C V L  
O A H J W Y G I J E O T C P N  
D R I N K L O M A K K F N F O  
L T Q D L O S D H H C O J M W  
C G K V M P R O P H E T C P M

WOMAN  
LIFE  
PROPHET

DRINK  
JESUS  
MESSIAH

ETERNAL  
THIRSTY  
SPRING

SAMARITAN  
LIVING  
HUSBAND

GIFT  
WELL  
WATER